



2025

NEW DHARMA
ANNUAL REPORT





New Dharma

A Sacred Work of Service

New Dharma was created by Sat Shree and his wife and spiritual partner, Satamayi, in 2009 to provide a form through which people could strengthen their contact with the Divine principle that governs all of life. They created places where contact with the Divine principle could be felt, nourished, spoken of, and lived. They created a structure to enable people to offer service to each other and the world in this critical time in human history.

New Dharma's Mission is to cultivate a way of living that is in constant, immediate contact with the Divine principle that governs all life and by doing so create a new truly sustainable future for humankind through education, training, and demonstration projects.

Central to Sat Shree's teachings and New Dharma is the transmission of a force which has its origin beyond the material realm. Sat Shree calls this the Sat force. Sri Aurobindo and the Mother of Pondicherry called it the Supramental force, and Sat Shree's Guru Sri Atmanada called it the Cosmic force. This transformational force is available in times of great change and peril in order to support mankind in its spiritual evolution. It works within one's system in ways one cannot do for oneself.

New Dharma provides context and structure that support us in becoming conscious of the Sat force, recognizing its work, and learning to collaborate with it by acting in alignment with its intelligence and will.

In New Dharma, Sat Shree has been the embodiment and the channel through which this force most readily manifests. That said, he has always recognized that it would not be enough for him to be the only channel and instrument for its work. His intention has always been not to do this work alone, but to join with many collaborators in supporting a shift in the collective consciousness.

Since New Dharma was founded in 2009, many people have joined Sat Shree and Satyamayi with the same aspiration and longing to be of service in this way. They have been part of serving and co-creating the New Dharma that is here with us today. Through the generous offering of their time, their energy, their hearts, and their unique gifts to support the manifestation of this purpose, New Dharma has become an ever-expanding reflection of all of this giving.

New Dharma Friends and Partners - The Vehicle for our Progression

During this past year, a recognition of a new opportunity emerged in response to how we live and work together as a Sangha in New Dharma. There are archetypal structures that naturally form around teachers and Gurus — structures that support, evolve and carry forward the manifestation of their intention. When consciously acknowledged, these structures empower us to align with and allow their inherent power and potential to unfold.

Within New Dharma, this is reflected through circles of engagement, each playing a unique role within the greater whole. It is the body of our Sangha:

- the *New Dharma Core Team*, who carry an ongoing responsibility not only for the operational work, but also for holding part of the energetic work with Sat Shree,
- the *Partners*, who are deeply aligned with Sat Shree and New Dharma, and actively serve as spiritual workers and co-creators in this universal work,
- and the *Friends* who support, and are nourished, through their participation and appreciation of what is being offered.

Together, these circles of engagement — the New Dharma Core Team, the Partners, and the Friends — constitute a living and sacred structure that has organically taken form around Sat Shree.

This structure is evolving toward a membership model for New Dharma that will be introduced in 2026. It is an expression that already exists in reality, and is responsive to all who feel the call to participate in its mission. Ours is a universal work of being transformed into channels and instruments for the emergence of a new consciousness in the world.

The Invitation: Join the Universal Work

This is the universal work that Sat Shree demonstrates, teaches and has made available through New Dharma. The only qualification for participation in this work is the longing in our heart, the aspiration of our soul, and the simple sincere wish to serve something greater than ourselves.

Being part of New Dharma provides opportunities for participation and coming to know the deeper Truth of what we actually are. It gives us an arena in which to become a dynamic spiritual worker and co-creator in a sacred purpose for the world.

Being linked with a living Guru like Sat Shree and being part of a Sangha that strives to make his teachings a lived reality, enables one to grow in one's capacity to collaborate with the transformational process that is set in motion when one aligns with it. This is a sacred adventure, a means for the manifestation of one's deepest aspiration and longing.

“This is a movement into manifestation; using your connection to me and my teachings to be the ignitor for your own ability to be a medium, a channel, to express that same thing I am into the listening of the group. Now you are going to be creating the listening, you create listening by what inspires you. When you are in touch with your inspiration you don’t have to do anything, people will get whatever they can receive in that field that you are bringing. As I said, your inspiration ignites aspiration; that’s the key of manifestation. This is what this is about, growing into yourself as a channel and an instrument, without an agenda, without a plan that you draw on, just your direct experience of what breathes you, of what lives you.”

~Sat Shree





New Dharma

In 2025

Buildings and Grounds

Greetings All from the Satya Dharma Center in Washoe.

In 2025 the Satya Dharma Center (SDC) in Washoe Valley saw many different projects birthed into existence. The overall theme of beautification, as well as facility upgrades, brought many new and improved features to the SDC.

Spring started with several trips to the nursery to purchase a variety of trees, shrubs, irrigation supplies and soil amendments as the Pilgrimage participants began what turned into a year-long project of planting around the Satya Mandir. Many more trees and shrubs were donated as the planting continued into the fall, often during retreats by visiting guests and retreat participants. In the first half of 2026, the planting had spilled over to the Ethan house.

2025 also saw us implement a creative plan to expand the use of the Ethan house into an Airbnb when retreats were not in session. This plan kick-started a significant change in the interior of the house with new paint and furnishings throughout.

In addition, the first of many planned landscape projects were begun, including retaining walls, brush removal, and more trees and shrubs. With the installation of a new generator, Ethan House now enjoys backup power which automatically switches on after just five seconds of power loss. A tool and storage shed was also constructed so we could clear out the garage – a much needed improvement, as many of you know!

To conclude, 2025 saw many upgrades and changes to both properties, as the SDC continues to be developed. The majority of the landscaping was completed with volunteer labor and donated materials and resources.



Morning Meditation Program

The morning meditation program, which has been offered continuously since 2020, represents the most fundamental practice within New Dharma. With more than 500 morning meditations offered in 2025, it functions as a nexus point where members of the sangha come together regularly to sit in silence and journey into the deeper reaches of our Being.

The U.S. schedule offers five silent sittings each week. This includes a meditation with Sat Shree on Mondays, which provides a rare and unique opportunity to directly receive the transmission of the Sat Force.

The European schedule includes three silent sittings and three World Awakening Meditations each week, which supports both our individual deepening and collective service.

The program is supported by more than twenty facilitators, all sanctioned by Sat Shree, who uphold the integrity of the practice with care, dedication, and devotion. For many within the sangha, the morning meditation program has become a refuge in the truest sense, functioning as a point of personal and energetic convergence. It provides a place where we come together again and again, committing to the shared sacrifice and discipline of Sadhana within a collective field that supports not only individual deepening, but also a quiet act of service to one another.



“When you meditate, you pull your consciousness from outward, and you turn it inward...it becomes something you can access. It becomes something that’s your refuge...”

~Sat Shree



Weekly Inquiry Group

The Weekly Inquiry Group has been a living space within the sangha for nearly two years now, a space where people from within and outside the community come together each week in sincerity, vulnerability, and shared presence. What began as a longing has slowly grown into a steady and nourishing field of inquiry. Rooted in the teachings of Sat Shree, and supported by a shared intention to meet in truth, this group is a support for one another on the path toward knowing our deeper nature.



This space has been held through the dedication, perseverance and commitment of a small team — who have consistently shown up to nurture and sustain the energetic container. The team is now growing, and what has been carefully held and initiated is now evolving into a wider field of support.

What was once an idea, has grown into something living — like a child who develops through the care, commitment, and love of those who nourish it. We thank everyone who has shown up, again and again, to be part of this shared unfolding.

“We are deeply grateful to now be joined by Anashrita, who backed up the original team when needed, and Radha Sat. Their presence and support of the core team will enhance and strengthen the continuity of this offering.”

~Terren, Chityananda and Gurumayi



Pilgrimage - 6-Week Entrainment Intensives

The Pilgrimage program is a 6-week entrainment intensive in Washoe Valley in the energetic field of Sat Shree. The word "pilgrimage" has long been used to signify pilgrims travelling to a place to worship together, and further, to magnify the sanctity of the place of worship through their effort and devotion. Each 6-week program has had a 6- or 9-day retreat couched inside of it, which presents an opportunity for the most intense focus within the six weeks. Each time we have gathered in Washoe in Pilgrimage, we have had a specific focus and intention which has arisen out of what was showing itself to Sat Shree, and to the pilgrims themselves as the emerging theme of growth for that time.



In the Spring of 2025, the focus was on the Guru principle, where we inquired deeply into the questions: What is "guru"? What does it mean to us in our personal lives? What is the meaning of Guru in the world more broadly? How does being with Sat Shree, an embodied Guru, impact and inform us? This inquiry into the Guru principle laid down a stronger foundation in ourselves, as well as for the larger sangha to build upon in future Pilgrimages.

In our Summer Pilgrimage we explored the theme of the Transformative Power of the Asat—commonly known as the Shadow. The Sat Force transmitted by Sat Shree activates the Asat, and catalyzes the transmutation of its contents. This is the remarkable opportunity New Dharma offers for our individual growth, as we doggedly pursue this difficult work we are drawn to. As Sat Shree has often said, this is work that "no self-respecting ego would sign up for."

Building upon this foundation, in the fall of 2025 we sought to more deeply explore the mechanisms of transformation. Our intention was "to be the space for the edge in ourselves and each other so whatever is there can come into existence and be met through us." Through this, we discovered that true self-giving is being true to "what is," with the consciousness that this is The Greater Movement moving through us. This understanding was brought in during the 6-day retreat during the program, in which we studied and learned from the Mother Book; Sri Aurobindo's "how to" transform, open to the Mother, and know oneself as the Mother's movement.





“These Pilgrimages have been catalysts to a new level of growth and consciousness that I would not have achieved if I had not participated. Being in the energetic field of Sat Shree is the major factor in the movement of growth for me. Along with that, working together with a group of others, inquiring into these deep and transformative topics, has begun to reveal and then blur the lines of ego identification and separation from others, into the oneness that is our real Truth.”

~Saraswati





Sat Ananda Center - A New Dharma Satellite in Sweden

In the summer of 2024, we set an intention to create a New Dharma Center in Europe. This was a natural response to a call to expand the sacred space and opportunity of the Satya Dharma Center for Truth Consciousness (SDC) beyond Washoe Valley. As with all manifestations, this is how it started — with an intent. Once the seed was planted, we patiently waited, expectantly open to the impulse of the Greater Will. And at the end of 2024, the response came through: an ad showing a traditional Swedish house just 45 minutes outside of Stockholm, within walking distance to a grocery store, with a bakery next door, swimming and forest spots all around, and a harbour with archipelago boats just around the corner. It was the perfect location — a sign that the wait was clearly over. In January 2025 the contract was signed to rent the house, and the Sat Ananda Center was born, as named by Sat Shree. At once the energies went to work towards the establishment of the Center and throughout the year we collaborated, watched, and worked to bring the intent into manifestation.

The Sat Ananda Center is a sacred space, a sanctuary where we can immerse ourselves in the experience of what it means to live as an embodiment of Sat Shree's teachings. We welcome new people as well as sangha members to partake of structures and context, in an environment that nurtures the soul, and strengthens our spiritual Partnership. The Sat Ananda Center is governed by the principles of Self-Giving, Truth and Love, with simplicity, connection, and silence and stillness at its core. It is a space to be where one is, with the fullness of one's own readiness, longing, and aspiration.



The Center was inaugurated with a 6-Day retreat in April 2025, as members of the sangha traveled in from Germany, the USA, Sweden, and the Netherlands. During the summer, it served as the base for New Dharma Europe Community Weeks, and hosted a Sat Weekend retreat in August. The Center currently has two permanent residents and is open for personal retreats, visits, and residence, as well as for most New Dharma retreats and events.

Some 60% of the Center's facility fees support the ongoing costs of maintaining the house, and the remaining 40% are program fees, half of which goes to New Dharma operations, and half to support the New Dharma Scholarship fund. Beyond its set fees, Sat Ananda Center received \$700 in heartfelt donations from guests who were eager to contribute to this new manifestation. As we move into 2026, we are gratefully looking forward to the continuation of this opportunity.



“When I returned to the Sat Ananda Center from my stay in SDC in the autumn of 2025, it struck me that I was simply landing in what I had just departed from. This touched me deeply, as it was the first time I arrived back to Sweden from a visit in Washoe feeling like I could seamlessly just continue what I had been in there. It brought an immense sense of expanded purpose, which I had already been in touch with since the very beginning of this process — but this was when what had been created this past year truly became real for me: a sacred place where the teachings of Sat Shree can come to life. A New Dharma satellite.”

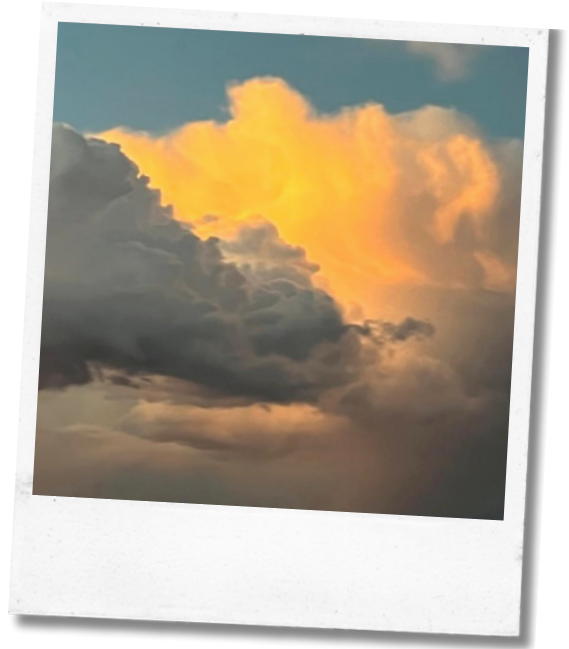
~Agnipriti





World Awakening Meditation

The World Awakening Meditation (WAM) is a crucial practice in the teachings of Sat Shree. This meditation, which was created 25 years ago and practiced worldwide as the World Peace Meditation, was designed to infuse the world with the vibration of peace and awakening. It has more recently evolved anew to respond to the challenges now facing humanity.



Practicing the WAM several times a week accelerates our spiritual growth, and coming together in groups magnifies the benefits in the collective consciousness. By meditating with many people over a longer period of time, the effect of the meditation intervention intensifies. Within New Dharma, facilitators produce seven free online World Awakening Meditations each week across time zones in two continents.

This year a new WAM Core Team of six members was established. The team went through a swift and fruitful learning curve during the co-creation of a WAM Intensive in September. Responding to the crisis of rapid change being felt by humanity, the Intensive was named “Answering the Cry from the World.” For 21 consecutive days two daily meditations were offered to serve participants in different time zones. At three different points of the Intensive, participants across all time zones met and shared their experiences in group meetings online. This heartfelt sharing strengthened our shared effort, and our mutual learning and feeling of community.



Operations & 2025 Financials

“New Dharma is entirely about practicality. It’s about creating a series of structures within a context that supports your ability to collaborate with those structures – to get beyond the resistance, the doubt, the confusion. By simply sacrificing what is in the way, to honour the structure sufficiently, the structure becomes a scaffolding to carry you beyond yourself, beyond what you could do alone.”

~Sat Shree



In 2025 New Dharma developed a wide range of events and offerings as a means for Sat Shree’s transmission and teachings to support those who are called to the path that Sat Shree and New Dharma serve. These included the programs and events described in the earlier sections of this report, as well as mutli-day retreats (one 9-day, two 6-days, two Sat weekends), the launch of Sat Shree’s new Bhagavad Gita Discourses program, and Sangha Gatherings and Town Hall meetings.

To support the broader sangha, New Dharma continued to issue a weekly newsletter to its 1,200 subscribers, sharing about events and community updates, as well as 56 video excerpts of Sat Shree’s revelations via YouTube. New Dharma also continued to offer fundamental modalities of Sat Shree and New Dharma’s work, including: training and practice in yogic techniques, inquiry and study groups, and mentoring and introductory calls for new participants.

The Sat Shree Archive Project team also assembled and indexed approximately 4,000 audio and video files, which represents 2,400 of the Satsangs and Talks Sat Shree has given since 2007. This is a major step in preserving and making more available the body of work he has generated to support those drawn the path he represents.

Financial Overview

New Dharma's financial situation in 2025 improved relative to 2024. A big contributing factor was releasing the Sydney House as a residence when its owner wished to reoccupy it. Consolidating Satya Dharma Center residents and guests in Ethan House and 355 created strong financial efficiencies, and also greater intimacy during programs. All of New Dharma's programs are now offered in properties that New Dharma owns, and which are close to each other — making the center more robust and compact. New Dharma also moved to new software solutions for bookkeeping and ticketing that were both more effective, and more economical.

In 2025 New Dharma invested in converting the Ethan House into an Airbnb that is already generating income when long-term programs are not running. The initial investment in this conversion (permits and licenses, safety upgrades, and new furniture and fittings) was recouped within the year through the Airbnb bookings that were quickly received. This investment also creates an even more welcoming and supportive space for members of the sangha who come to the Center.

Year-end figures, while very positive, give a stronger impression than the reality. In 2026 New Dharma offered a retreat in India with Sat Shree and the Core Team, as well as a Personal Retreat at the Satya Mandir India (formerly known as the New Dharma Villa). While the majority of the income for the main retreat was received in 2025, the retreat expenses were incurred in early 2026.

A scholarship fund was also launched this past year, helping to make participation more viable for those who qualify for financial support.

Income

To sustain a structure that can support those drawn to the work of Sat Shree and New Dharma, New Dharma receives income primarily from donations, program and event fees, and residents and guests at the Satya Dharma Center for Truth Consciousness (SDC). In 2025, the funds given by monthly donors generated 30% of New Dharma's income, creating a crucial financial foundation. New Dharma also received several generous in-kind donations this year, including the purchase of trees and plantings that beautify the Satya Mandir and Ethan House, and a new backup generator for Ethan House.

Expenses

New Dharma's expenses include those for running the SDC (utilities, taxes, maintenance, buildings and grounds), Airbnb conversion investments, running the operations of the organization (insurance, accounting and bookkeeping, newsletter and web design, software, licenses, and audio visual equipment), as well as support for Sat Shree.

All other management, operational, administrative, event production, communications, maintenance and groundskeeping work is done through the self-giving of volunteers.

New Dharma's 2025 summary financials relative to 2024 are presented below.

Income	2025	2024	Expenses	2025	2024
Donations	\$ 63,888	\$ 66,682	Programs & Events	\$ 1,772	\$ 2,358
Programs & Events	\$ 83,959	\$ 107,929	Residential Program	\$ 48,826	\$ 56,885
Residential Program	\$ 49,099	\$ 48,072	Airbnb	\$ 10,505	\$ -
Airbnb	\$ 12,931	\$ -	Operations	\$ 112,388	\$ 170,809
Other income	\$ 534	\$ 572	Total expenses	\$ 173,492	\$ 230,052
Total income	\$ 210,410	\$ 223,255			

	2025	2024
Net Income	\$ 36,981	\$ (6,797)



Thank you

This annual report is a reflection of the evolution of New Dharma, which animates a purposeful intent seeking to manifest with, and through us. All of the segments you have read have been written members of the Sangha who are intimately linked to that initiative. Ultimately, we travel this journey alone... together, however, we are more than any one of us.

Being part of this means being transformed — which is at the core of what it means to be linked to a living Guru. And with this, we look back on 2025 feeling fulfilled, bringing into 2026 a huge appreciation of all of you.

Thank you, immensely, to all of you who have contributed in any way, large or small, to this engine of Divine Manifestation — whether it is through your giving and contribution in the past, the present, or simply just through your appreciation from a distance. We are all so grateful.

And last but not least, for those who may be reading this as their first point of contact with us, or who are reading from a place of curiosity, not knowing how to move forward - please don't hesitate to reach out to us with your questions, or just your impulse to connect. We extend to you a warm welcome.

***“New Dharma is ultimately for the world,
and interimly for the ones who are drawn to it.”***

~Sat Shree



Founders of New Dharma

Sat Shree

Spiritual Director and Guru

Satyamayi

Spiritual Partner and Wife of Sat Shree

The New Dharma Core Team

Agnipriti

Jaya

Ram Narayan

Saraswati

Satartha

Sat Nam

Satyamayi

Supported by Narasimha and Joytima

Board of Directors

Ram Narayan, President

Satartha, Vice President

Sat Nam, Treasurer

Agnipriti, Secretary

Office Team

Agnipriti

Jaya

Ram Narayan

Satartha