



We invite you to join in a dynamic prayer of sound (mantra), breath, and silence that awakens our own and the world consciousness to our true authority while strengthening inner peace. We will practice several times a week and encourage you to join in as often as you can. Drop in every day or come when you can. Arrive 20 minutes early if you are new to the practice.

Held Most Days

U.S. & Canada

5:00 pm PT

(Sun, Tues, Fri)

Zoom Link: tinyurl.com/awakenpeace

Meeting ID: 85698598043

Passcode: 217584

Europe

6:30-7:15 CET/9:30-10:15 pm PT

(Mon & Thurs)

Zoom Link: tinyurl.com/awakenpeaceeu

Meeting ID: 757 599 4302

Password: namaste

For more information contact Polly at pollymgreen@gmail.com

Other Groups to Join

U.S. & CANADA

7:00 pm PT (Tuesdays)

Contact Kathryn
klpoling@me.com for Zoom link

4:00 pm PT (Wednesdays)

conta.cc/3NYmkqu
Contact Christa
christavoice@outlook.com

6:00 pm PT (Wednesdays)

Zoom Link:
tinyurl.com/awakenpeace2
Password: WPM108
Contact Lilia
lilia.sosedova@gmail.com

EUROPE

20:00-21:00 CET/11:00 am-12:00 pm PT
(Sundays)

Zoom Link: tinyurl.com/awakenpeaceeu

Meeting ID: 757 599 4302

Password: namaste

Contact Caroline
caroline.ryberg@hotmail.com