



We invite you to join in a dynamic prayer of sound (mantra), breath, and silence that awakens our own and the world consciousness to our true authority while strengthening inner peace. We will practice several times a week and encourage you to join in as often as you can. Drop in every day or come when you can. Arrive 20 minutes early if you are new to the practice.

Held Most Days

U.S. & Canada

5:00 pm PT

(Sun, Mon, Tues, Thurs, Fri)

Zoom Link: tinyurl.com/awakenpeace

Meeting ID: 85698598043

Passcode: 217584

Europe

6:30-7:15 am CET

(Mon, Tues, Thurs, Fri)

7:00 am - 8:00 am CET (Sat-Sun)

Zoom Link: tinyurl.com/awakenpeaceeu

Meeting ID: 757 599 4302

Password: namaste

For more information contact Polly at pollymgreen@gmail.com

Other Groups to Join

U.S. & Canada

7:00 pm PT (Tuesdays)

Contact Kathryn at
klpoling@me.com for Zoom link

U.S. & Canada

7:00 pm PT

(First four Wednesdays of the month)

Contact Joan at
jomaf@sbcglobal.net for Zoom link

U.S. & Canada

6:00 pm PT (Wednesdays)

Zoom Link: tinyurl.com/awakenpeace2

Password: WPM108

Contact Lilia at
lilia.sosedova@gmail.com



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